Get a real taste of the Outer Hebrides

Eat and drink your way through our islands with the official food and drink trail of the Outer Hebrides.

The Eat Drink Hebrides trail will take you to some of the best food and drink experiences in the Outer Hebrides where a warm welcome awaits you.

The range of different flavours found throughout the islands will allow you to discover the landscapes, people and culture that make the Outer Hebrides so unique.

This self-guided trail will guide you to some of the most exciting food and drink experiences in the Outer Hebrides.

Look out for the heart logo as you travel through the Outer Hebrides. It will lead you to local produce made with love.

The food and drink businesses on the Eat Drink Hebrides trail are renowned for their passion for Hebridean produce. To help you navigate this trail, you will find three different types of businesses on this trail.

Food and Drink Producers

With a wealth of fresh, seasonal ingredients available across the Outer Hebrides, it’s no wonder that there are some fantastic products made here. Slow-grown beef and lamb from island crofts, the finest of fish and shellfish and vegetables and herbs from the islands are only part of the delicious larder available to artisan producers in the Hebrides.

Places to Eat

From cozy cafes for a quick bite to fine dining restaurants there is always something appetising on the menu. With fresh, local produce readily available your meals will allow you to taste the Outer Hebrides.

Places to Buy

The shops are the hubs of the community so no visit to the Outer Hebrides is complete without stopping in. Not only will you find lots of Hebridean food and drink to enjoy or take home but you will also be assured a good local chat. Shop local to support the island economy.

For visitor information and Eat Drink Hebrides recipes visit: www.eatdrinkhebrides.co.uk
www.visitouterhebrides.co.uk/apps

Passion for our Produce

Share your Passion for our Produce

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Visit Outer Hebrides

In the Outer Hebrides, it is no wonder that Wild Food can be found in abundance. The Outer Hebrides has an outstanding natural larder from tasting hand-dived shellfish, eating wild seaweed there is a great range of wild flavours to experience.

Our Wild Food allows you to reconnect with nature and find sustainably harvested food.

Look out for this symbol you where you can taste or buy Wild Food.

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